

September
1985

SEPTEMBER 1985

NEW YORK CYCLE CLUB

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\$15⁰⁰ EACH (Please Add \$1.50 Postage & Handling)

TOTAL

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YOUR NAME

ADDRESS

APT

CITY

STATE

ZIP

DEADLINE: PLEASE MAIL YOUR ORDERS, CHECKS, M.O.'S ON OR BEFORE 10/8/85
NOTE: IF WE DON'T FILL A MINIMUM PRODUCTION ORDER BY THIS DATE, ALL CHECKS & M.O.'S WILL BE RETURNED TO YOU.

Rides Schedule

Compiled by Lee Gelobter, V.P. Rides

GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities - avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up" or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 4) Bring water, snacks, spare tube, patch kit, pump and lights for after dark.
- 5) Eat a good breakfast.

RIDE AND RIDER CLASSIFICATION

<u>Ride/Riders</u>		<u>Riding Pace</u>
"A+" ANIMALS	Anything goes. Eat up roads, hills and all.	17+ mph
"A" SPORTS(WO)MEN	Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stop every two hours or so.	14-17 mph
"B" TOURISTS	Moderate to brisk riding along scenic roads, including hills; destination not so important. Stop every hour or two.	11-14 mph
"C" SIGHTSEERS	Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stop every half to one hour.	8-11 mph
"D" BEGINNERS	Very leisurely sightseeing. Discovering bike and their bodies; training up to "C." Frequent stopping and regrouping. Do not believe reports of mere mortals riding 100 miles or more in a day.	to 8 mph

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form. Ride Coordinators' names and telephone numbers are listed on the cover of the Bulletin.

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

- Sat.-Tue.
8/31-9/3
A+
775 mi.
NEW YORK-MONTREAL-NEW YORK. Leaders: Alex Beckerman(212-740-4303,H.718-438-4746) & Jim Rex (718-278 5562 Nights). Tentative plans are to do the 775 mile round trip at RANDONNEUR pace along Paris-Erest-Paris guidelines in 72-90 hrs. Rider selection will be as rigorous as the trip. If that isn't enough to deter you make QUONEXIONS with the co-leaders.
- Sat-Mon.
Aug.31-Sept.2
B+
200 mi.
PHILADELPHIA WEEKEND. LEADERS: Debbie Bell & Martha Ramos (718-858-9142) They didn't call this Labor Day for nothing. Join us for a reasonably rolling and scenic route into Philadelphia. Departure will be early Saturday morning with accommodations in center city Philadelphia. The route includes lunch stops in Princeton going and New Hope/Lambertville coming back. Participants are responsible for making their own reservations. Call leaders for additional details.
- Sun.Sept.1
9:00 AM
B
75 mi.
NORTH SHORE HILL CLIMBER. Leader: Alinda Barth(718-441-5612) For intermediate and advanced masochists of the B variety North Shore hills are fun. Come climb a few this Sunday morning, have lunch at the Northport Marina and then ride an easy almost flat ride back. Meet by the statue on Queens Blvd. (E or F train to Union Tpke.)
- Mon.Sept.2
7:10 AM
A-
80 mi.
BARON'S FINE BARRENS. Leader: Steve Baron (212-228-0555) After a quick-paced van ride we'll tour the Fine Barrens. Call to reserve one of the five spaces or to volunteer your own vehicle. Leave from 19th St. & 2nd Ave. You must call Steve in order to make reservations.
- Mon.Sept.2
9:30 AM
B
50-60 mi.
LABOR DAY YORKTOWN CARTOP. Leaders: Marsha Taggart (914-962-5991) Meet Marsha at Yorktown Town Hall for a scenic ride through upper Westchester and Connecticut. Take the Taconic Parkway to the Underhill Ave. exit in Yorktown. Town Hall is at the first traffic light. Marsha will pass Purdys Railroad Station at 10:30 to pick up those riders taking the train up. Call Marsha for more information.
- Sat.Sept.7
8:00 AM
A
90+ mi.
CHAFFAQUA ANYONE? Leader: Donald Smith (718-657-6382) Meet at the Boathouse and head for White Plains for breakfast at the Flagship. This may be considered a hilly ride therefore it will be led at in even pace. Faceline when advisable. Riders will not be dropped at changing lights on this ride. Rain cancels.

Sat. Sept. 7
10:00 AM
E+
45 mi.
OYSTER BAY-SYOSSET CONNECTION. Leaders: Debbie Bell & Martha Ramos (718-858-9142) Join us for a breezy, easy Saturday ride starting at a civilized time. One stop in Syosset for an ice cream soda before returning to the city. Meet at the last stop of the E or F train (179th St. & Hillside Ave). Rain cancels.

Sat. Sept. 7
9:15 AM
E
45 mi.
GARVIE'S POINT. Leaders: Bernie Pearlman (212-285-1235) & Joan Mayer (212-691-8515 'til 10PM) Meet at 179th St. & Hillside Ave. (last stop on the E or F train). for a scenic ride to Garvie's Point in Glen Cove. This ride will maintain an average pace of 12-13 mph. No pacebusters please. Buy lunch at a nearby deli or bring your own. Lunch stop at the water with swimming possible so bring a bathing suit. Call one of the leaders if the weather is doubtful. Joint AMC ride.

Sun. Sept. 8
8:00 AM
A
90 mi.
BEDFORD RE-RE-RE-REVISITED...AGAIN ? Leader: Rich Herbin (212-666-2162) From El Central Park Boathouse, a highly scenic trip through Connecticut and upper Westchester, including a brief but intensely meaningless visit to this ride's namesake municipality. Steady paceline riding. Elegant delicatessen dining; the first one 30 miles out.

Sun. Sept. 8
9:00 AM
E
55 mi.
PRINCETON CAR-TOP. Leader: Alinda Barth (718-441-5612) Meet in Princeton for the "Van Sandt Covered Bridge Tour" and ride along quite, shady lanes of Bucks, Hunterdon and Mercer Counties. There are some REAL hills on this ride so bring low gears and at least 2 water bottles. (We will be in some very rural areas where water stops are few and far between.) Cue sheets will be available, but bring a map so that you can ride at your own pace. Call Alinda for the exact meeting spot, to volunteer your vehicle or to arrange a ride with someone else.

Sun. Sept. 8
9:00 AM
E-
50 mi.
RYE BEACH BALL. Leader: Maggie Clarke (212-567-8272) Meet at the northern end of the A line (207th St. Park benches at the north exit.) for a scenic ride through the leafy lanes and manicured lawns of Westchester to Rye Playland. Bring your beach gear (swimsuits, frisbees, etc.) for a frolic in the sand and surf before the ride home. Picnic on the beach. Bring money, tools, tubes, and Metro-North permit in case of emergency. Rain cancels. Call Maggie for details.

Sept. 12-16
A/B
400+ mi.
BOSTON AREA BIKE COALITION/AMERICAN BIKE FESTIVAL RIDE. Leaders: Stanley Simon (212-741-3214) I am planning on doing the ride in stages. We'll leave Thursday evening at 10 PM, ride most of the night (5-6 hrs) and most of the next day arriving in Boston early Friday evening. Return trip will leave Boston at 6 PM Sunday, travel most of the night and the next day arriving in New York Monday evening. LIGHTS ARE REQUIRED. Arrangements will be made with AYH for accommodations in Boston but you must carry a sleeping bag for outdoor sleeping during the trip. We will be roughing it. There will be group planning meetings for those interested. Route will follow the East Coast Bicycle Trail for part of the way. Required equipment includes toothbrush, lobster fork, good gears and good rubber. Only qualified century riders will be allowed. Call Stanley if interested.

Sat-Sun.
Sept. 14-15
50-100 mi.
BIKE-A-THON FOR AIDS RESEARCH. Sponsored by Diff'rent Spokes Bicycle Club. New York's gay cycling organization is seeking participants to ride either a 50 or 100 mile route from New York to Easthampton to benefit any of the three local AIDS organizations. Participants should obtain pledges who will donate per mile ridden. Plans are to spend Saturday night in Easthampton and return to the city by van on Sunday. Contact Scott Lechert (212-560-3023) or Neil Babitch (212-557-5757) for further details.

Sat. Sept. 14
8:25 AM
A-
90 mi.
BEDFORD VILLAGE. Leader: Marty Wolf (212-935-1460) Meet at the Boathouse for a prompt 8:25 start. Lunch, our only stop, will be in Bedford Village after a brief but scenic pass through a corner of Connecticut.

Sat. Sept. 14
8:30 AM
B
60 mi.
LAWRENCE'S LAST RIDE-ARMONK & CONNECTICUT. Leader: Roy Lawrence (212-877-2292) Meet at the Bedford Park Blvd. & Grand Concourse D train station and join Roy for his last ride in the New York area before his departure for California. Follow the Bronx River Valley through Scarsdale to White Plains then around Kensico Reservoir for lunch at the duck pond in Armonk. Return via Riversville Rd. in Connecticut, a pretty, six mile gradual downhill. Bring lunch or money for it. Rain date-Sunday Sept. 15.
(U.P. Rides note: On behalf of all of the members of the New York Cycle Club we would like to thank Roy for all of the wonderful rides that he has led during his time in the Club. (He will be leaving copies of his routes with Alinda Barth for all leaders to use.) We would like to wish him and his wife the best of luck on their relocation to the sunny, year 'round cycling paradise of San Diego, California. He will be missed.)

- Sun.Sept.15
8:00 AM
A
75-85 mi.
- OLD JERSEY ROUTES REDISCOVERED. Leaders: George Schnepf (212-473-6954) As a "Native New Yorker" I hate to admit it, but Bergen and Passaic counties in New Jersey (yechh!!) have some of the best riding in the metro area. The GW Bridge is open again (hurrah!!!) so we can get there and back with ease. Join us as we rediscover the the downhills (and obligatory uphill) of Northern New Jersey. Ride will maintain a disciplined paceline with one major food stop and short quick stops as needed. Meet at the Boathouse.
- Sun.Sept.15
8:00 AM
B+
100 mi.
- LAW NATIONAL CENTURY PATCH RIDE. Leader: David C. Miller (W.212-594-5269,H.212-794-9365) Meet at the Boathouse for a LAW Century Patch ride to Bear Mountain and back. We will ride up the east side of the Hudson and back down the west. I have worked out a route that avoids most of the steep hills. To earn a patch we must complete the ride in less than 12 hours. I plan to do it in less than 10. PLEASE bring your own snacks AND LUNCH. There will be only one short snack stop in the morning and one in the afternoon. The lunch stop will not exceed 30 minutes. We will not have time to wait on deli lines. Call Dave for more information.
- Sun.Sept.15
8:00 AM
E
100 mi.
- LAKE RONKONKOMA. Leaders: Debbie Bell & Martha Ramos (718-858-9142) September is century month so why not do an easy and relatively flat century. This is a ride for strong E riders hoping to do their first century but who haven't had the opportunity and for those E riders who just like doing centuries. Meet at the last stop of the E or F train.(179th & Hillside Ave.) Rain cancels.
- Sun.Sept.15
10:00 AM
C
30 mi.
- URBAN SURVIVAL. Leader: Bill Clark (718-625-6072) Meet in front of City Hall for a ride over the now fully ramped Brooklyn Bridge for a sojourn to Coney Island. On our way to a luncheon feast at Nathan's World Famous Junk Food Palace we'll feed our souls with magnificent views of the Narrows and the sailboat fleet.
- Sat.Sept.21
8:00 AM
A
80 mi.
- HIGH TOR RAMBLE. Leaders: Art Guterding (212-861-6224) Meet at the Boathouse for a friendly paceline ride to High Tor State Park in Haverstraw. Lunch by the pool(if the park is open).
- Sat.Sept.21
9:00 AM
E-
50 mi.
- PLANTING FIELDS. Leader: Sara Flowers (718-544-9168) A leisurely warmup for the High Point 100.(Pace and distance to be determined by the temperature and humidity.) We will spend an hour or so at the Planting Fields Arboretum. You can view the greenhouses, lie under the trees, or wait outside. It is one of the most beautiful spots on Long Island so you can't go wrong. Meet at the Statue on Queens Blvd. at Union Tpke.(E or F train to Union Tpke. Bring water bottles and a few dollars to get into the arboretum.
- Sun. Sept. 22
A/B/C
25-125 mi.
6:30-10:00 AM
- HIGH POINT HUNDRED. Leader: Faumonok Bicycle Clubs Meet at Eisenhower Park (Merrick Rd. & Hempstead Tpke.) to participate in the 11th Annual High Point Hundred. There will be rides of 25 mi.(10 AM),50 mi.(9 AM),Metric Century(63 mi.8 AM),100 mi (7 AM) and Double Metric Century(126 mi. 6:30 AM). You must pre-register.(see application form elsewhere in the bulletin.) Cost is \$6 before Sept. 6 and \$7 after There will also be a contingent from AYH leaving from Queens. (Contact AYH 221-431-7100 for details.)
- Sun.Sept.22
8:00 AM
A
80 mi.
- ACROSS LONG ISLAND. Leaders: David Moses(W.718-449-1800,H.718-444-5681) Meet at the Statue on Queens Blvd.(E or F train to Union Tpke.) for a ride across Long Island from north to south and back. The route is by way of Syosset, Huntington, and Farmingdale. Lunch can be purchased at a deli about one mile from the state park in Wyandanch where we will dine.
- Sun.Sept.22
6:15 AM
E-
85-100 mi
- RIDE TO THE HIGH POINT 65 OR 50. Leaders: Maggie Clarke (212-567-8272) & Sara Sloan (718-951-8017) YES 6:15 AM!!! We will leave at 6:30 sharp. Meet at Hillside Ave & 179th St. (last stop on the E or F train) for a flat ride to the hilly High Point Hundred 65 or 50 mile and back*. If you choose to do the 65 mile option you will have the opportunity to do a century. Bring snacks water, tools,etc. and at least \$7 for the entry fee which includes an LAW patch. *Maps of the High Point rides will be available to you so that you will be able to do that portion of the ride at your own pace.
- Sun.Sept.22
10:00 AM
C
30 mi.
- RIIS'S PIECES. Leaders: Jerry Nelken (718-871-8036) Meet at Grand Army Plaza at the entrance to Prospect Park for a breezy ride to the beach at Riis Park. Rain cancels.
- Sun. Sept. 29
- ALL CLASS CLUB RIDE TO TALLMAN STATE PARK. Now that the GW Bridge has been reopened we can once again attack with relative ease the hills and dales of of northern New Jersey and Rockland County. Come out for one of the rides listed below or make your own way to the high ground at Tallman State Park for a 1:00 lunch with the rest of the club. Enter the park from the bike path on Route 9W, turn left before the downhill(near the log cabin) and look for our brightly colored finery.

A+
7:00 AM
70-100 mi.

RACE TRAINING RIDE. Leaders: David Walls (212-570-4572) & John G. Waffenschmidt (718-626-9835) Meet at the Boathouse for a fast paced ride on a route yet to be determined. The purpose of the ride is to improve the strength and riding skills related to bicycle racing. The ride will be broken into four segments: (1) Double paceline riding out of NYC (2) Single paceline breakaway type riding, short pulls, maximum exertion (3) Hill climb sprints to simulate hill attacks (4) All Class Club Ride back to the City. Regrouping following segment 3. Riders who are dropped should group together and continue at a race pace. Should sufficient interest exist an attempt will be made to organize a race training series for next season.

A
8:00 AM
85 mi.

SADDLE RIVER RUN. Leader: Lee Gelobter (718-646-7037) Meet at the Boathouse for a scenic paceline ride via Saddle River, Monsey, New City and Lake DeForest to rendezvous with the rest of the club for lunch.

B
10:00 AM
50 mi

Leader: David C. Miller (W.212-594-5269, H.212-794-9365) Meet at the Boathouse. We will take the bike path through Tallman. Bring your lunch or buy it at Jimmy's Grocery in Piermont.

B-
9:00 AM
50-55 mi.

Meet at the GW Bridge Terminal Fort Washington Ave side for a rolling and scenic ride through the backroads of Bergen and Rockland Counties. Bring snacks, water, tools & lunch or money to buy it.

C
30 mi.
10:30 AM

Have the time of your life!!! Meet the C group at 10:30 at the GW Bridge Walkway for a lovely ride to Tallman State Park. Come equipped with the usual goodies (money, pump, tubes, map and especially water bottles).

ABC PLANS TO CAN RAAM COVERAGE

ABC television has been outstanding in its coverage of bicycling, as I think most of us would agree after seeing Wide World of Sports reporting of the Tour de France and Race Across America.

It seems, however, that ABC is about to shift its priorities elsewhere. If we all chipped in a few minutes of our time (and 22 cents, of course, for the stamp) and sent them a letter (even a 14 cent postcard) we just might influence them to keep on going with their coverage.

The letter I sent follows. Yours doesn't have to be as long--you don't even have to think about it--just skip off a line or two to let them know we're out there, and appreciative.

August 14, 1985

Ms. Amy Sacks
Wide World of Sports
ABC-TV
1330 Avenue of Americas
New York, New York 10019

Dear Ms. Sacks:

Thanks to ABC Sports recognizing a trend when it sees one, your very considerable talent, and the generous schlepping of Amy Smolens (your p.a., our member), New York Cycle Club had the best program ever last month--and I defy anyone to disagree.

Of course I am referring to your coverage of The Race Across America.

Is there now a possibility that after ABC's pioneering coverage of bicycling it is about to surrender it to some other network?

Please tell us it isn't so.

Yours sincerely,
Larry Rottersman
Public Relations Director
(Volunteer)

cc: Mr. Boone Arledge
Mr. Bob Iger
Ms. Amy Smolens
Ms. Martha Ramos (President, NYCC)

Note:
Letter was
Longer.
Edited for
space.
Bill V.



Cycling Shorts

By Gregory D'Agostino

Conrad Weiss, whose bicycle shop Conrad's was known around the US and to many around the world, died on June 11. To aficionados who have visited the best-known shops in Europe, Conrad's is recognized as the Cartier's of bike shops. At the memorial service, he was eulogized by friends and family for his humanism, generosity, and kindness. To the cycling fanatics of NY, he was known for those traits and more. Patient, helpful, and always interested in his clients, he will be remembered by many as the man who opened the door to the world of cycling. Although Conrad was not a racer and came to the cycling business through an unrelated enterprise, his efforts helped expand interest in cycling. Conrad will be deeply missed.

--- Mark Geraghty
Reprinted from Winning magazine

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While the rest of us were getting a tan, two NY Cycle Club members were getting some well-earned and deserved media attention. In July, Central Park Bike Marathon winner Kenny Sloan was interviewed on Bill Boggs' MIDDAY LIVE. Ken also modeled cycling clothes on NBC's TODAY show. Randonneur brevet mavin, Steve Bauman, was mentioned in the July issue of WINNING magazine (page 76), for his work in organizing a North American version of PBP.

SHADES OF ICARUS & DAEDELUS--During the 24 hour Bike Marathon, Ken Sloan and Alex Bekkerman each completed 443 miles. Lin Ehrlich and Arlene Brimer put away 273 miles each. At these rates, it would take Lin & Arlene only 933 years and a mere 575 years for Ken & Alex to pedal their way to the Sun. Not bad ... it took mankind 5,000 years to reach the Moon. (See what happens when you give a bored person a digital calculator.)

Here is an entry for the "Now-I've-Heard-Everything" file. The folks at Tiempo Sports feel cyclists should keep their knees warm so they're marketing knee pads to do just that. THERMO KNEES are Lycra Spandex sleeves that surround your knees with 100% wool to keep the patella tendon warm and cozy.

File this item under esoterica extremis. Marcel Pujol, the French champion cyclist, known in Marseilles as "the pedaling fifty-year-old" is the grandson of Joseph Pujol, "Le Petomane" of fin de siècle, Moulin Rouge fame.

The National Bike Registry is, according to their promo literature, "a computerized, nationwide, bicycle registration service". For more info, contact NBR, 3608 Kodiak Way, North Highlands, CA 95660-2304.

In 1903, Marie and Pierre Curie won the Nobel Prize for their work with radium & polonium. They were very much in love with each other and with chemistry. When the Curies were first wed, Madame put her wedding money into a tandem bicycle. Later they got around, financially, to two bicycles.

Bike Racing In Central Park

Saturday Mornings, 7:00AM

The Century Road Club Association, established 1897, invites all cyclists interested in racing to join the club. Races begin at 7:00AM, at 79th Street and the Park Drive East, and end about 8:10AM; registration begins at 6:00AM. Opportunities also exist for others to assist in conducting the weekly races as bike race marshals. Marshals are placed at key intersections in the park to advise pedestrians, runners, and other cyclists that a bicycle race is in progress. Interested parties should call John G. Waffenschmidt at (W)212-566-0922 or (H)718-626-9835.

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ADD THIS ITEM TO CYCLING SHORTS!!!!

On Sunday Sept. 1 at 4 PM NBC (channel 4) will air a 90 minute special devoted entirely to the 1985 Coors Classic. Set up those VCRs and watch it when you get home from the day's ride.

Loyal Comrades

By Caryl Hudson

Accidents are never expected, nor injuries pleasant--certainly not a separated shoulder. However, there are things to be grateful for and lessons learned. Firstly, I'm thankful for the help and support of the group I was riding with, and really glad we'd stayed together. Claire Goldthwaite leads a tight and disciplined ride, and it certainly pays off in emergencies. Jody Saylor stayed with me in the hospital and on the train to New York. The whole group relocated its second food stop to the hospital grounds.

It's possible that my mishap was due to my physical capabilities exceeding my first-year riding skill level, but it's also possible that anyone could have hit the pothole and gone down. So, I'd like to share some thoughts with you.

Never go on a ride without your proof of medical coverage, credit card, telephone credit, or rail pass if applicable to the area. Sad as it seems, you won't get medical help if you can't prove that you can pay for it. And, of course, take along your patch kit, tubes, tools, etc.

Never ride anywhere without your helmet. Skulls are harder to fix than limbs.

Riding skill is important for everyone--not only the A riders who travel in pacelines. The concentration required to ride a paceline, to turn and brake, and to handle your bike both in relationship to others in your group and to surrounding traffic is important at all riding levels. I've learned a lot from NYCC. There are now many new members in the club. If those of you who are inexperienced with group riding would make an effort to learn to handle yourself and your bicycle in a "professional" manner, everyone would benefit.

With proper preparation to handle anything that comes up, you--and the entire group--can better enjoy any ride.

New Members

Compiled by Irene Walter

ADELSTEIN, Martin Lee	2548 E. 12 St.	Brooklyn	11235	718-646-7888
CALLAGY, Vincent D., Jr.	105-24 63 Dr. #3N	Forest Hills	11375	718-897-5240
GARCIA, Julian	P.O. Box 913	Jamaica	11431	718-291-5910
GRABER, Harris	230 Riverside Dr. #7K	N.Y.	10025	212-864-8156
GREEN, Linda R.				718-459-2608
GREENBERG, Stuart R.	164 E. 90 St. #2Y	N.Y.	10128	282-534-2935
KIRKLEY, Cort E.	1252 Lexington Ave. #2F	N.Y.	10028	212-288-8884
LUKASEWYCH, Agnes	191 73 St. #244	Brooklyn	11209	718-745-6478
MOORE, Douglas J.	1252 Lexington Ave. #2F	N.Y.	10128	212-288-8884
TORRES, Miriam	P.O. Box 913	Jamaica	11431	718-291-5910

NEW ADDRESS:

BUTT, Deborah 7252 Foxridge Cir. #11F Anchorage, AK 99518

1985 NYCC MEMBERSHIP AS OF 8/1/85: 464.

If any new members are wondering what NYCC is like, join us at the next General Membership meeting. Ask for Larry, who will be glad to answer any questions.

Golden Apple Century

SCHEDULE:

Sign in and pick up maps and cue sheets. All riders will be required to show their helmet in order to register. Century, double metric, and three-quarter-century riders register from 7 A.M. to 8 A.M. Half-century and quarter-century from 8 A.M. to 9 A.M. SAVE TIME, complete and sign the registration sheet, and try to have exact change. All riders must be off the routes by 7 P.M. If you leave the ride during the day, please let someone know or report back to base. We do not want to be searching for riders who are not lost!

MAPS AND CUE SHEETS:

Maps and cue sheets will be provided. The routes will be marked with yellow Dan Henry arrows. ♂ Food stops and check-in points will be indicated on the maps.

FOOD STOPS:

There will be designated sag-wagon food stops in addition to stops where food may be purchased. Fruits, cookies, and juices will be served at the sag stops and at the end of the ride.

TERRAIN:

Mostly rolling backcountry roads with little or no traffic. Many of the roads go around and across numerous beautiful lakes and reservoirs.

FEES:

\$6.00, includes special patch, sag wagon, maps, cue sheets, a marked route, and refreshments at the manned sag stops. Make checks payable to Country Club Inc. Please try to have a check or exact change.

BEFORE YOU GO:

Be sure you and your bike are in top condition. Do not attempt to ride beyond your capability. Carry a patch kit, some tools, a spare tube or tire, and a pump. The sag wagons will not be equipped to do repairs. A WATER BOTTLE IS A MUST!

ACCOMMODATIONS:

Reasonable bed and breakfast accommodations will be available, but you must reserve early, since space is limited. For reservations, call Mrs. Notarious at Bed & Breakfast Ltd. USA, P.O. Box 528, Croton-on-Hudson, NY 10521. 914/271-6228.

OTHER IMPORTANT INFORMATION:

The release must be signed! Please do not hold up registration by presenting your form unsigned. Parents must sign for all registrants under 18 years of age. All riders 16 and under must be accompanied by a cycling adult, who must be clearly designated on the registration form.

IN CASE OF RAIN:

Rain date is September 29, 1985, same time, same place. If the weather is doubtful on the morning of the ride, call 212/823-8538, or 914/592-8640.

DIRECTIONS:

FROM THE SOUTH: (Jersey, NYC & Long Island)

HUTCHINSON RIVER PARKWAY NORTH: to Exit 28 Lincoln Avenue. There are two Lincoln Avenue exits on the Hutch. This is the SECOND one. At Exit 28, turn left, proceed 3/4 mile to T intersection (traffic light) at Anderson Hill Road. Turn right, go one block, and turn right again at the next traffic light into Pepsico.

FROM THE NORTH AND NORTHEAST

I-95 Connecticut Turnpike: I-287 (Cross Westchester Expressway) exit West to Hutchinson River Parkway (Exit 9N). North on the Hutch and proceed as above.

I-684: Exit 2 (NY 120 & Westchester Co. Airport). Turn right at light onto NY 120. Left onto Purchase Street to stay on 120. Proceed to next traffic light at Anderson Hill Road, turn left. Proceed to second traffic light and turn right into Pepsico.

FROM THE NORTH AND WEST:

I-287: to Exit 8. Follow Westchester Avenue (I-287 service road), past first traffic light at North Street/White Plains Avenue. Bear left onto Anderson Hill Road, proceed to third traffic light and turn right into Pepsico.





WESTCHESTER
COUNTY,
NEW YORK

GOLDEN APPLE CENTURY

WHEN: September 22, 1985 (raindate September 29)
WHERE: Pepsico Corporate headquarters, Purchase, New York
TIME: 7am to 8am for the 75, 100, & 123: 8am to 9am for the 25 & 50
FEE: \$6.00 Includes maps, cue sheets, marked route, sag wagon,
refreshments, manned food stops, and a special patch.

HARDSHELL BICYCLE HELMET IS MANDATORY

NAME (print) _____ *AGE _____
ADDRESS _____ PHONE(____) _____
CITY _____ STATE _____ ZIP _____
RIDE (check one) 25 _____ 50 _____ 75 _____ 100 _____ 123 _____
CLUB AFFILIATION (if any) _____

RELEASE:* Must be signed by all participants. Parent must sign for participants under 18 years of age. Parent or designated adult must ride with participants under 16 years of age.

RELEASE OF ORGANIZERS & SPONSORS: In signing this release I acknowledge that I understand the intent hereof, and hereby agree to and hold harmless the Country Cycle Club, Inc., its members, officers, and any others connected with this event in any way whatsoever, singly and collectively, from and against blame or liability for any injury, misadventure, harm, loss, inconvenience, or damage suffered or sustained as a result of participation in this event or in any activities connected with it.

I understand that the Country Cycle Club Inc. its officers, members, and any others connected with this event in any way whatsoever are not responsible for, and are not insurers of, my personal safety during this event. I thus release them, and agree to save them harmless from having sustained any property damage or personal injury by reason of their negligence in participating in or sponsoring or arranging this event.

I further acknowledge that, I have been informed that the wearing of a hardshell bicycle helmet is mandatory for participation in this event, and I agree that I will wear one during the event.

SIGNATURE _____ DATE _____
(must be signed)
RESPONSIBLE ADULT (riders under 16) _____
TIME OUT _____ TIME BACK _____ PATCH _____
10 PAID _____ REGISTRATION CHECKED BY _____



September Club Meeting Program

arranged by Sara Flowers
VP Programs

AUCTION '85½

Now is your opportunity to dispose of all that great bicycle gear (or even that still nice but recently replaced bike) that is much too good to throw out. Bring any cycling gear--large or small, valuable or insignificant--to the September meeting to be auctioned off. Bikes, wheels, freewheels, chains, seat bags, shoes, seats, tools, water bottles, books, clamps, etc., etc.: you offer it, we bid on it.

Just tag your items: 1) brief specifications and/or description if necessary 2) minimum acceptable price (floor from which bidding will start) and 3) your name.

So whether you come to the September meeting to grab a bite, a bargain, or a buck, come for a good time.

If you have questions about the auction, call Sara Flowers at 718-544-9168 (h) or 212-921-4317 (w).

DATE: Tuesday, September 10, 1985

TIME: 6:00 PM for beer, cocktails, soda, or just plain socializing
7:00 PM for dinner
IF YOU WANT DINNER AT THE FIXED PRICE (\$10 for the meat, fish, or poultry; \$7.50 for vegetarian; desserts extra) YOU MUST PURCHASE BY 7:00 PM. Diners will receive a color-coded coupon; non-diners will be seated separately

PLACE: O'Hara's
120 Cedar Street

(N.B. 120 Cedar Street is one block south of the World Trade Center, between Trinity and Greenwich Streets. Enter the restaurant on Cedar Street, go through the door on your right, and go up stairs to our private room.)

BICYCLE PARKING IS PROVIDED but bring a lock for security. Take the elevator to the 4th floor, and leave your bike in the storage area provided there.

Classified

PECKHAM RACING BIKE. Custom-built frame, 44 cm (17") Reynolds 531, all Campy NR, 700c Mavic clincher wheels. Used one season. Karen: 516/482-6102.

MOTOBECAE GRAND RECORD TOURING. 23" Reynolds 531, TA Professional 42-52, Weinmann 999 CP/QR Brooks Professional/SR Alloy Seat Post-Silver-Trading in New Road Bike. Ridden only 100 miles for ATB. \$340.00. Harold Martin: 212/889-0660.

Special thanks to Bill Vojtech who helped with this month's issue of the bulletin. Ed.

1985 membership dues are \$12.00 per individual, \$15.00 per couple residing at the same address and receiving one bulletin. Mail this application, with a check made payable to the "New York Cycle Club," to: NEW YORK CYCLE CLUB, P.O. Box 877, Brooklyn, N.Y. 11202

OTHER CYCLING CLUB MEMBERSHIPS (Circle): AMC AYH LAW TA CRCA CCC
Other: _____

WHERE DID YOU HEAR OF N.Y.C.C.? _____

Circle if applicable: I do not wish my (address) (phone number) listed in the roster which is published in the bulletin semi-annually.

DATE _____ AMT. OF CHECK _____ NEW RENEWAL _____

CITY _____ STATE _____ ZIP _____

ADDRESS _____ APT. _____

NAME(S) _____ PHONE (H) _____ (B) _____

AFTER LABOR DAY,
DUES ARE HALF
THE ANNUAL PRICE!

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club, its officers and ride leaders blameless in case of accident.

APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

Jody Sayler
49 West 75 Street
New York, NY 10023

First Class

Hey funny looking!

ARLENE BRIMER
345 WEST 85TH STREET APT. 36
NEW YORK, NY 10024

(but she's more than a pretty face!)